

## SJR Leadership Team – Whole Group: Group Agreements, August 2023

Agreement	What behaviours will demonstrate these agreements?
Be respectful	<ul style="list-style-type: none"> <li>Open and focused body language</li> <li>Inclusive group dynamics</li> <li>Be aware of tone and use of words</li> <li>Active listening</li> </ul>
Stay present	<ul style="list-style-type: none"> <li>Avoid ‘multi-tasking’</li> <li>Be prepared</li> <li>Listen to each other</li> <li>Participate</li> <li>Activate present to gain present consciousness</li> </ul>
Be brave and lean into discomfort	<ul style="list-style-type: none"> <li>Asking questions and being receptive to being challenged</li> <li>Seeking clarification</li> <li>Offering alternative perspectives</li> </ul>
Assume positive intent	<ul style="list-style-type: none"> <li>Non-verbal affirmations – lean into the conversation, eye contact, nod ‘yes’, refrain from sharing judgement</li> <li>Respond with curiosity and questions (not assumptions) “tell me more”</li> </ul>
Share and collect wisdom	<ul style="list-style-type: none"> <li>Active listening – no distractions</li> <li>Share speaking roles</li> <li>Share (personal) experiences and ideas</li> <li>Be open and vulnerable</li> </ul>

Other thoughts or notes: