NAME	INDIVIDUAL COMMITMENT	HOW THE TEAM CAN SUPPORT YOU
Mario	Levels of Listening and trying for more of a 2-3	Update and offer me feedback
Greg	Create space to listen at a level 2-3 Ask more questions to get at better solutions	Check in in November
Elaine	Move from more Level 1 listening to Level 2 Time management and presence – slow down a bit	Check in with self and others
Scott	Increase presence – review week to create space for more of it	Check in
Chad	Engage more fully and be more present Re-prioritize and deviate a bit from routines "Eat more bread" 😊	Send me pics of people eating bread… Check in
Karen	Delegating while away – fully letting the person do the work and 'letting go'	Will report back in November
Mike	Try not to jump to judgement – ask more questions	Check in
Shawn	Try to use the GROW model and work it 'backwards' in conversations with boss	Coaching Circles – opportunities to practice
Kris	GROW model Help people to find solutions that fit best for what they want	Coaching Circles – more practice
Matt	Be more curious – ask better questions	Check-ins
DK	Ask 2 – 3 questions before jumping to advise	Check in with people in the circle
Tonya	Be more present in the moment – focus on the conversations	Check-ins