

Goals and Agenda – GSPS Senior Leadership team Day 2 - “Transforming Conversations”

Time	Work Together	Goals
8:00	Arrive	Participants will: <ul style="list-style-type: none"> ✓ Explore stress through the lens of Type Coach ✓ Be introduced the idea of being coach-like, the GROW model, and have opportunity to practice. ✓ consider an opportunity for 1 to 1 Coaching ✓ Wrap up the residency through consolidating learning and planning next steps ✓ have fun (hopefully)
8:30	Check- in – setting up the day	
9:00	Session 5: Type and Stress	
10:15	BREAK	
10:30	Session 6: Intro to Coaching and being a coach-like leader – GROW model, Observations & Discussion	
12:00	LUNCH	
1:00	Session 7: Practicing in our Triads – Coach, Supercoach, Coachee x 2	
2:00	Consolidation and Celebration	
2:30	Merry Christmas and Happy Holidays 😊	