

## WED MORNING

9:30-10:00	ARRIVAL, SIGN-IN, SNACKS	CONFERENCE HALL
10:00-12:00	SESSION WELCOME & SETTING UP: RESIDENCY 2.0	CONFERENCE HALL

## AFTERNOON

12:30-1:15	LUNCH	MACLEAN HALL
1:15-2:30	SESSION INTENTIONAL CHANGE & ASPIRATIONAL LEADERSHIP	CONFERENCE HALL
2:30-3:30	SESSION SETTING STRONGER BOUNDARIES: HONOURING OURSELVES AND OTHERS	CONFERENCE HALL
3:30-3:45	SNACK	CONFERENCE HALL
3:45-4:30	SESSION SHARING OUR ASPIRATIONAL LEADERSHIP VISION	CONFERENCE HALL
4:30-5:30	FREE TIME & SETTLE INTO OUR ROOMS	CONFERENCE HALL

## EVENING

5:30-6:30	DINNER	MACLEAN HALL
6:30	LANTERN LABYRINTH WALK	START IN CONFERENCE HALL
7:30	KARAOKE WITH DJ JEN O	LUKE
8:30	FIRESIDE GATHERING	TBC
11:00	QUIET HOURS	

## THU MORNING

7:00-8:00	MORNING ACTIVITIES (OPTIONAL) 7:00-7:30 STRETCH (YOGA) WITH ZAYNA 7:30-8:00 MORNING WALK WITH RACHEL	CONFERENCE HALL
8:00-8:45	BREAKFAST	MACLEAN HALL
8:45-10:15	SESSION TYPE AND TEMPERAMENT	CONFERENCE HALL
10:15-10:45	SNACK, MOVE OUT OF ROOMS	CONFERENCE HALL
10:45-12:15	SESSION EXPERIENCE CUBE: HAVING IMPORTANT CONVERSATIONS WITH CLARITY & KINDNESS	CONFERENCE HALL

## AFTERNOON

12:30-1:15	LUNCH	MACLEAN HALL
1:30-2:15	SESSION RETURN	CONFERENCE HALL
2:15-3:30	SESSION CONSOLIDATION & CELEBRATION	CONFERENCE HALL
3:30	DEPART	